



A NEW AWAKENING
COUNSELING SERVICES

Group Schedule (Updated 7-1-2010)

A New Awakening, Inc. Downtown Office 505-224-9124 Fax # 505-247-9503

^ = Need more people for this group

Monday

<u>Group</u>	<u>Time</u>	<u>Counselor/Room Designation</u>
Relapse Prevention/ AD	1-2pm	Dr. C. – Room 6 Class Full*
^Women's Trauma	4-5pm	Lea – Determination
Substance Abuse	5-6 pm	Sunny– Deter. Class Full*
^Relapse Prevention/AC (Starts 2-22-10)	6-7pm	Rev. Sunny – Determination
Parenting/Family in Recovery	6-7pm	Rachel - Room 1
Men's Domestic Violence	6:30pm-8pm	Lea – Room 11
Life Skills/ IOP (Starts 3-29-10)	6pm-7pm	Dr. C. – Room 6 Class Full*

Tuesday

^Women's Substance Abuse	12-1pm	Dawn– Believe
Men's Relapse Prevention	12-1pm	Dom – Courage Class Full*
Relapse Prevention/ AD	1-2pm	Dr. C. – Room 6 Class Full*
^PTSD and Recovery (starts 7-6-10)	2-3pm	Tanya – Room 15
Women's Domestic Violence	4:30pm-6pm	Tanya – Determination
Parenting	5pm-6pm	Rachel – Believe
DVROP (Men's)	6:30pm-8pm	Lea - Courage
^Emo. Balance	5pm-6:30pm	Sunny – Believe
^MRT	6pm-7pm	Dawn - Determination
Substance Abuse + Chalk Talk	7-8pm	Dawn – Cour. Class Full*
RP/AC	7-8pm	Laura– Deter. Class Full*

Wednesday

Substance Abuse	12-1pm	Dr. C. – Room 6 Class Full*
Substance Abuse/ RP	6-7pm	Dawn – Believe Class Full*
^Co-Occurring/ IOP	5-7pm	Laura - Courage
^Physic. Health and Recovery	6:30-7:30pm	Tanya – Room 15
DVROP (Men's)	6:30pm-8pm	Lea - Courage
^Men's RP/AC M	7-8pm	Dawn – Deter. Class Full*

CODES:

Intensive Outpatient (0 amount of clean time – 1 month)

Substance Abuse (1-3 months clean time)

Relapse Prevention (3 months – 6 months clean time)

Aftercare= 6 months or longer clean time

Room 1= Rachel
Room 6= Maria
Room 11= Lea
Room 7= Brandi

Room 2= Vacant
Room 8= Dominic
Room 12= File Room

Room 3= Dawn
Room 9= CFO
Room 13= Sunny

Room 4 = Audrey
Room 10= Massage
Room 14= Trish

Room 5= Dr. Carling
Room 15= Tanya

Group Rooms = Achievement and Believe are upstairs/ Courage and Determination are downstairs

Thursday

<u>Group</u>	<u>Time</u>	<u>Counselor/Room Designation</u>
Stress/Anger Management	12-1pm	Dr. Carling - Room 6 Class Full*
Substance Abuse M	1-2pm	Dr. Carling – Room 6 Class Full*
^Men’s Domestic Violence	1-2:30pm	Tanya – Determination
MRT	2-3pm	Dawn - Determination
Domestic Violence (Men’s)	5-6:30pm	Laura – Courage
DVROP Men’s Domestic Violence	5-6:30pm	Lea – Room 15
^Domestic Violence (Men’s)	6:30pm-8pm	Dominic – Courage
DVROP (Men’s)	6:30pm-8pm	JoAnn - Courage

Friday

Relapse Prevention	12-1pm	Dawn – Determination Class Full
DVROP (Men’s)	4:30pm-6pm	Lea - Achievement
Substance Abuse M (CCP Only)	5-6pm	Dawn – Believe
^Men’s RP M (Open to CCP)	5-6pm	Dominic – Courage

Saturday

Domestic Violence (Women’s)	9-10:30am	Michael - Believe
^Domestic Violence (Men’s)	9-10:30am	Dominic – Courage
Domestic Violence (Men’s)	11-12:30pm	Dominic - Courage Class Full*
Substance Abuse	11 –12pm	Michael – Believe Class Full*
Substance Abuse	12-1pm	Michael - Believe
Substance Abuse	2-3pm	Michael - Believe
Domestic Violence (Men’s)	1pm-2:30pm	Dominic – Courage

IOP Protocol Effective 3-1-10

Monday – Life Skills/ IOP (Starts 3-1-10)	7pm-8pm	Dr. C. – Room 6
Wednesday - IOP (Begins March 10 th)	6-8pm	Laura - Courage

Clients will choose one-three other alternative groups per week in addition to their weekly individual session.

POLICY AND PROCEDURE ABOUT MISSING GROUPS – Please note: Group Make-Ups are prohibited.

Clients will be charged \$25.00 for all missed sessions. A Compliance/ Non-Compliance Report will also be sent to your probation officer, tracker, etc... if applicable.